



# Long Island Parrot Beacon

Volume 27 Issue 10 November 2022



Happy Thanksgiving to you and your families!

Thank you Debbie Foster, CPBT-KA and CPBC, for being our guest speaker during

our October 19 Zoom meeting. Debbie presented to us on parrot training and I know we all learned something to benefit our feathered companions and to strengthen our bond with them. Here is Debbie's contact info: 704 609 3921; email: parrotpsandqs@gmail.com; Facebook: Parrot Ps and Qs. We hope to have Debbie present to us again.

Board of Director candidate nominees have been submitted. Look for the bios and photos within the newsletter. Voting will take place at the December 21 in-person meeting (and also via Zoom).

Speaking of the Holiday Party on December 21 at Greenwood Hall, as we did last year, this year's will also be catered—there's more info within the newsletter. We will be asking for an RSVP. Parrots are welcome.

During the December meeting, we'll also be voting on what charitable organizations to donate to by the end of the year. So far this year we've donated to Project Ptasia Edukacja in Poland to help the parrots in Ukraine and also the American Federation of Aviculture during their annual fundraiser. We have budgeted \$500 annually towards donating to non-profit organizations and other entities serving, supporting, or caring for parrots in need. Ballots will be distributed in person and via Zoom.

A JotForm has been created for our members to complete: LI Parrot Society Volunteer Skills Survey. You'll see the link/QR code inside the newsletter (page 19). We would love for our members to complete.

Does your parrot have an Instagram following? Family member Lisa Eastwood's much-loved black-capped caique, Boogie, (boogieonmyfinger) has his own page. Boogie gets strapped into his harness and off he goes—meeting hoards of adoring fans—leaving nothing but smiles. Lisa and Boogie invite you to follow him on Instagram.

A quick note to share the latest news from Long Island Bird & Exotics

Veterinary Clinic: "We're excited to announce that the clinic is now officially open on Sundays! Hours are limited to 10:30AM - 2:30PM and by appointment only, so please contact us to schedule a Sunday visit for your pet."

For those following Tico and the Man on YouTube, Tico was on Sweden's Got Talent! Airs in January where the outcome will be revealed! America's Got Talent is now looking at Tico! <a href="https://www.youtube.com/channel/UCGFbXza-uSFzUjXlQbCerFg">https://www.youtube.com/channel/UCGFbXza-uSFzUjXlQbCerFg</a> Watching this Double Yellow Head amazon rockin' out is priceless.

As always, please contact us if you are interested in volunteering, want to be added to our volunteer email list, want to donate unwanted items, or would like to suggest speakers/ topics you would like to see, please either leave a message at 631-957-1100 or email us at <a href="mailto:info@liparrots.org">info@liparrots.org</a>.

Diane P Hyde, President

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VIRTUAL ZOOM MEETING starts 7:00 p.m. following speaker. PLEASE MUTE YOUR AUDIO during speaker.

SPEAKERS: Begin at 7:30 p.m. +/-20 minutes.

Please be respectful. Mute!

## **Deposits as of October 2022**

Deposits	\$1728.01
Total Deposits	\$1728.01

#### TFCU Account Balances as of October 2022

Operating Fund:	\$5480.68
EXPO Fund:	\$10598.31
Parrot Care:	\$2666.03
MM (Shelter):	\$140,483.09
CD (Shelter):	\$9,411.41
Total:	\$168,639.52

## **Expenses as of October 2022**

Phone:	\$120.00
Best Value Printing:	223.87
Life Storage:	\$442.00
CRM (SalesNow)	\$45.45
USPS	\$126.00
Debbie Foster Donation	\$200.00
Misc:	\$687.08
Total Expenses:	\$1844.35



# rd Business

## Board Meeting Minutes - October 2022

October 12 2022 7PM via ZOOM ATTENDING: David Abrahams, Donna Barbaro, Susan Chamberlain, Shawn Florman, Robert Gross, Diane Hyde, Candy Little

- Holiday cards/annual fundraiser; approximately 400 cards required; first class postage necessary; SC to create donation letter & card layout: Approved
- Charge for printed edition of NL--establish cost & announcement date; Increase membership cost for paper version. Diane will do analysis of mailing and printing costs per person. Approximately 40 members receive paper copies. Incorporate choice of digital or paper NL copies on membership form. Will launch January 2023.
- Annual donation: In 2022, donated \$106.62 (\$100 plus fee) to help parrots in Ukraine via a Polish organization (3/15/22) and \$100 to AFA fundraiser (7/2/22). Nothing donated for the Parrot Care Fund in 2022 (yet). Possible non-profits: STAR Foundation; Sweetbriar; Phoenix Landing; Tallgrass Parrot Sanctuary; Quaker Parakeet Society; Gabriel Foundation; Florida organizations affected by Hurricane Ian. Will research candidates and members will vote at December meeting.
- Hoarding situation in Brookhaven; shelter reached out to LIPS, but no further news as of 10/12/22. Approximately 120-150 birds expected to be involved.
- Holiday party--RSVP? Club to provide pizza, salad, hero, beverages: approved. Definitely require RSVP from members.
- Board elections: Up for 2023-2025 term:
   Donna Barbaro; Robert Gross (add a ninth
   BOD member?—Suggestions welcome.
   Elections in December. Will include
   qualifications in October Feather Flash
- December board dinner: Venue discussed[ Board members to pay \$30.00
- Refresher course on how to access the BirdBox via FileZilla—Shawn
- Photo Booth—Shawn—designed a photo booth; could it be used for fundraising? Does club want to buy it for \$350.00...potential uses: Pet EXPO, parties, Parrot EXPO, outreaches, etc. Shawn could teach how to set up. Donna suggested a tryout session. Dedicated person would be necessary to haul equipment & operate system.
- Parrot Cornhole game for kids at outreaches;

- kids loved Shawn's beanbags at outreach; game suggested for outreach events. Discussed plans for making customized cornhole boards. Will research materials and costs and practicality.
- Additional giveaways/worksheets suggested for outreaches (Kaitlin sent examples—parrot word search; parrot word scramble, , <a href="https://thewordsearch.com/maker/">https://thewordsearch.com/maker/</a> and <a href="https://thewordsearch.com/maker/">https://thewordsearch.com/maker
- Set up JotForm to ask membership to list their skills for possible volunteer positions. Donna can take over creating JotForm documents. Set up JotForm for folks requesting parrots for different events (birthdays, etc.) Create package pricing; number of birds & handlers, hours required, travel distance.
- Pipsqueak Productions—donated parrot-related items to us at Tanner Park (which we raffled off at 9/21/22 meeting). <a href="https://pipsqueakproductions.com/">https://pipsqueakproductions.com/</a> They offer sales to charities: <a href="https://pipsqueakproductions.com/charity">https://pipsqueakproductions.com/charity</a>.
- CustomInk fundraising possibility: Tee shirts, etc.
- Cage Donations: Several cage donations to be picked up. Large cage to be offered on FB Marketplace. Robert Gross fielding calls.
- Pam Clark: Progressive Parrotkeeping forNovember ZOOM presentation.



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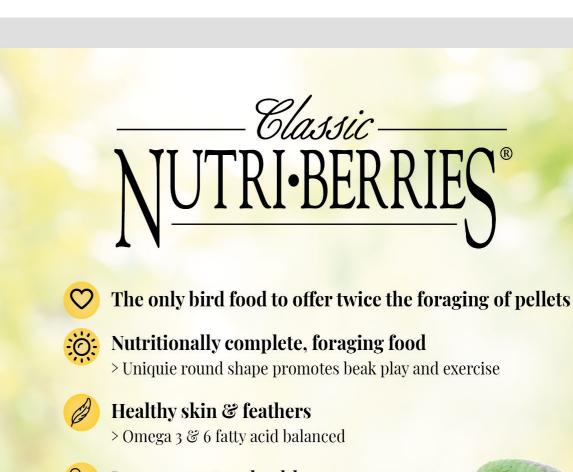


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Long Island Bird & Exotics Veterinary Clinic (LIBEVC) is a state of the art veterinary hospital dedicated entirely to the care of bird and exotic pet species. We specialize in surgical procedures, endoscopy and minimally invasive surgery and advanced imaging of these unique species. We are open seven (7) days a week and our overnight staff can be reached by calling our emergency line: (516) 441-2726

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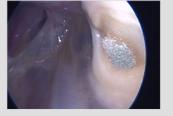
LIBEVC is one of four hospitals in the country that utilize CATscan designated exclusively for birds and exotic pets. 3-D reformatting enables us to perform surgeries or endoscopic surgeries with greater precision and success.

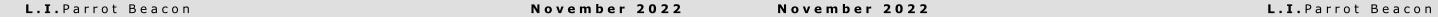
#### SURGERY

- Orthopedics
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- Avian and reptilian reproductive tract emergencies











By: Susan Chamberlain Hurricane lan.

As I write this column, the tenth anniversary of Superstorm Sandy is just days away. I watched the unimaginable devastation on television from Sanibel Island, Florida. Just a few weeks ago, I watched as my former island home, Sanibel, was hammered by The causeway was washed out in five places.

The lighthouse buildings are gone. Gulf front structures were obliterated or severely damaged. The entire island was reportedly under water when the storm surge swept in.

Perhaps the most heartbreaking losses were suffered at Periwinkle Park, the Island's 35-acre campground and manufactured home community. Here is some background:

Dick Muench owns Periwinkle Park, thirty-five acres on the east end of Sanibel, and he can often be seen piloting his Segway® along the trails. He began breeding exotic birds there in 1977 and was honored by the American Association of Aviculture with a first breeding 'AVI' award for breeding the black-necked aracari in June 1987. His private collection includes fruit doves, red and yellow barbets, Sulawesi, trumpeter and piping hornbills, turacos, a 25-year-old Rothschild's mynah and assorted hookbills including caiques, ringnecked parakeets and African greys. Marmosets, lemurs, squirrel monkeys and African crowned cranes are also in residence.

Some birds, like the female Sulawesi hornbill, from the Lowery Park Zoo in Tampa, are on breeding loan. Muench is a member of the Zoological Association of America, an organization that promotes responsible ownership and conservation in public and private facilities through professional standards in husbandry, care, and ethics. Periwinkle Park is inspected twice a year by the USDA and the Fish & Wildlife Service comes by annually.

The tropical climate and wildlife-friendly sanctuary island present unique challenges. Insects, mold, and mildew proliferate in the warmth and humidity, and Muench controls them through constant cleaning. The ground is raked out daily and every food and water

bowl scrubbed. The ground birds help with insect management. Flights and enclosures are reinforced and wired at the top to keep predators, including bobcats out. Aviaries are planted to provide shade from the sun, and there is a sprinkler system to provide water for bathing and for the plants. There is a rodent-proof metal building for food storage, and a walk-in refrigerator for fresh food.

The birds are acclimated to the outdoors and can easily withstand the occasional winter cold snap. There is a strong, 1963 building on the property where birds can be housed in individual cages in case of emergency. Hurricanes are an annual threat, and according to Muench, "The biggest issue is power outage. We have a generator, and following Hurricane Charlie in 2004, we had to take water out of the swimming pool to wash everything. We lost one tree and two birds, which were eventually recovered. Having a workable plan is the best defense against hurricanes."

Muench has cut back on breeding in the past twenty or so years, citing the passage of time. Still, he maintains a few hundred exotic birds along with the waterfowl and animals. Some, like the black-spotted barbets go to other breeders. "Having birds is a luxury," he said. "It is as if you have another child. They require attention. You need to hire bird-sitters. Aspiring breeders should not think they are getting into it to make money. It is a lengthy process, and it is ultimately up to the birds."

As lan approached, the Muench family secured the birds and animals in the safe building on the property and decided to ride out the hurricane on the Island so they would be there to care for the critters after the storm, which at the time, was forecast to make landfall in the Tampa area, approximately 135 miles north of Sanibel. As Tampa prepared for a catastrophic storm surge, the water was instead sucked out of Tampa Bay, and Ian headed straight for the fragile barrier islands and Ft. Myers Beach.

Even though the birds and animals were secure from the 155 mph winds, the buildings were no match for the 12-18-foot storm surge that inundated the park. The 200+ dwelling units in the park were all flooded. Dick's house on the property was completely

(Continued to page 9)

engulfed. He and his family were fortunate to survive. Most of the birds and animals did not. A news photo several days later showed his son David, the park manager, after being rescued from the island along with some surviving birds. He was obviously distraught and traumatized.

Word traveled quickly and online reactions were harsh and instantaneous. The vitriol directed at the Muench family was difficult to read. The judgmental remarks by people who did not know the family and had little knowledge of the park were very hurtful. I suppose it is natural to want to fix blame when such a tragedy occurs but wishing people dead and accusing them of wanton disregard for the birds and animals does no good. They did the best they could. They acted according to past experiences with tropical storms, and they survived many. Sure, we all know hurricanes are coming days before they arrive. We make decisions based on weather reports, experience, and the tools available. There comes a point where it is just as dangerous to evacuate as it is to stay put. We all love our own birds, and many people loved the birds of Periwinkle Park and were heartbroken at the news.

Many of the birds at Periwinkle Park had been placed there by owners who could no longer keep them, but the park had never represented itself as a 'rescue' as some claimed. What is the point of telling you all this? Full disclosure: Dick Muench is a longtime friend of mine. I have visited his aviaries numerous times and profiled him in Bird Breeder magazine, Bird Talk, and other publications. His birds and animals were loved and well cared for. Park resident, Miss Libby helped with their care and presented educational bird shows in a public area of the park three times weekly in 'season.' The birds were well socialized and lived lives any of us would want for them.

Although I am sick at heart over so much loss, I am equally disturbed at the harsh judgment of people who could not have grasped the enormity of the situation. Even Dick himself, who experienced many major storms on the island had no clue that this one would end so tragically. I should not be surprised at the backlash. Some 'rescue' organizations seem to follow a mission of shaming and badmouthing other facilities. Some post photos of dirty cages and squalid living conditions when birds have been surrendered to them. Shaming their former owners does not help. In fact, it makes the

likelihood of birds remaining in adverse conditions because their owners fear being subjected to such scrutiny.

Let us be kind, and as Mr. Rogers always said, "Look for the helpers."

#### More Shelter News:

Janine Dion, founder of Pet Peeves, a Long Island volunteer group to help animals in need, is dissolving the organization she founded in 2001, but plans to continue speaking and advocating on behalf of animal welfare organizations. Over the years, she raised and distributed \$1.5 million to animal groups, including Almost Home Animal Rescue & Adoption, Save-A-Pet Animal Rescue & Adoption Center, Kent Animal Shelter and more.

The Long Island Parrot Society was recently given a heads-up about an impending seizure of animals and birds from a hoarding situation in Miller Place. We have been ready to assist, with donated cages and help with adoptions if necessary. The raid happened, and reportedly 150 birds were removed from the residence, many of them cockatiels. Other animals included cats, tortoises, rabbits, and snakes. The Club has heard nothing further from the authorities, who reported to Newsday that multiple agencies were responding.

The Avian Welfare Coalition, along with the Global Federation of Animal Sanctuaries has produced an online training course for animal shelters and care facilities. Visit <a href="http://www.avianwelfare.org/webinars">http://www.avianwelfare.org/webinars</a>



## "Every Breath You Take"

By Susan Chamberlain

When your bird flaps its wings, does it look as though it's snowing in the room? Do you run your fingers across a table, windowsill or other surface, only to have them come up looking like they're tipped in talcum powder? Does a cloud of dust emanate from your bird's cage tray paper each time you change it? Are there dried bird droppings anywhere in your home? If you've answered "yes" to any of these questions, your health may be at risk. If you share your home with a pigeon, African grey parrot, budgie, cockatiel or cockatoo, the risk may be increased. Inhaled organic matter may result in serious a disease called allergic extrinsic alveolitis.

Alveoli: Microscopic air sacs in the lungs where oxygen is exchanged for carbon dioxide

Allergic: a condition producing an unfavorable reaction

Extrinsic: from outside, ie. Foreign matter introduced into the body

Alveolitis: Inflammation of the Alveoli

What is allergic extrinsic alveolitis?

Allergic alveolitis is also known as *hypersensitivity* pneumonitis, birdkeeper's lung disease and pigeon keeper's disease. It may occur in acute, sub-acute and chronic form. Pet bird owners often exhibit the chronic variety, as they have been exposed to low levels of the antigen over a long period of time. Symptoms may include a non-productive cough, shortness of breath, possible weight loss, fever, and a flu-like malaise.

Geneticist Anthea Stavroulakis, Ph.D. is a former Associate Professor at Kingsborough Community College, City University of NY. I asked Dr. Stavroulakis to explain how allergic alveolitis occurs. "Air follows a progressive pathway into the body: nose-mouthtrachea-bronchi-bronchioles-alveoli," she explained. "Nose hairs act as the first filters to inhaled particles." In the trachea, very fine, hair-like projections of cells (cilia) constantly beat in an upward direction to propel particulate matter out. This is called the ciliary escalator. Take the example of a smoker. The smoker has damaged cilia already, so the ability to expel particulate matter is compromised. (You don't have to normal, as did readings of her oxygen levels. Wise, be a smoker to contract alveolitis, but an already compromised respiratory system may make you more susceptible.) If particulate matter gets past the nose hairs and ciliary escalator, it lands in the lungs. In the

case of alveolitis, particles have made their way down to the smallest sub-division, the *alveoli*, which is the point where oxygen enters the bloodstream. (As we inhale, we take in oxygen. The red blood cells give up carbon dioxide and take in oxygen.) *Immunological* surveillance cells try to isolate the particles. As a result, a wall forms around the particulate matter, which sets up an inflammatory process, which, in turn, stops the normal oxygen exchange. The entire body responds, as the oxygen supply in the blood is reduced, which may for example, cause fatigue."

How is alleraic alveolitis different than asthma?

Asthma affects the *bronchial tubes*. Alveolitis affects the *alveoli* in the lungs. Asthma may be caused or aggravated by various inhaled irritants, both organic and inorganic. Alveolitis is caused by the inhalation of organic matter. In the case of birdkeeper's lung disease, the inhaled matter (feces or feather dust) is from the bird itself. Asthma is often reversible when the offending antigen is eliminated. According to Dr. Michael Niederman, a pulmonary critical care physician and Chairman of the Department of Medicine at Winthrop University Hospital on Long Island, NY, "Allergic extrinsic alveolitis is much more serious than asthma; it can lead to permanent scarring of the lungs."

*Is allergic alveolitis difficult to diagnose?* 

Dr. Niederman says it's not difficult to diagnose allergic alveolitis if you're thinking about it. "I don't see many cases on Long Island. It's not a common disease. It can be confusing, and could be missed if the doctor isn't specifically looking for it. There has to be specific problem. We ask about pets. Are people exposed to proteins from animals or plants? There is a very specific type of lung response, not just a cough or shortness of breath. It's appropriate to ask patients about pets and exposures. If you have birds, mention it to your doctor. A classic symptom would be if you feel sick at home, then feel better when you're away on vacation."

Jill Wise of Pendleton, IN was diagnosed with allergic extrinsic alveolitis in December 2001. She suffered shortness of breath, joint and bone pain, generalized fatigue, sleeplessness, and weight loss for approximately 3 months prior to diagnosis. "I don't smoke, so I knew there was no reason I should have been breathless," reported Wise. During that time, she was treated for pneumonia and asthma by a nurse practitioner. Her chest X-rays came back who works at a veterinary hospital used the clinic's pulse oximeter and discovered that her oxygen level was down to 65 after mild exertion. "I reported this to my family doctor, who sent me to a pulmonologist

# conservation Notes

#### From the World Parrot Trust:

One of Australia's rarest cockatoos has been spotted in Deep Creek National Park on the Fleurieu Peninsula for the first time since the 1970s. A single male South Australian glossy black cockatoo was spotted in the park in late July, and another sighting was confirmed in the same location more recently.

For the past 50 years the endangered glossy black cockatoo has only been found in South Australia on Kangaroo Island. There were severe concerns for the species after the 2019-20 Kangaroo Island bushfires, with more than 50 per cent of their feeding habitat and nearly 40 per cent of nesting sites located within the 210,000 hectares burned in the bushfires.

Prior to the 1970s, the glossy black cockatoo occurred on mainland Fleurieu Peninsula but due to widespread loss of drooping she-oak trees, the population contracted to Kangaroo Island where just 160 birds remained in the early 1990s. Since then, a concerted recovery program run by the Kangaroo Island Landscape Board has resulted in steady increase to about four hundred birds at present. Visit glamadelaide.com.au for more!

The illegal trade in birds and animals is a major threat to many iconic parrot species and ending this trade is a core focus of the World Parrot Trust's work. Recently, WPT's Dr. Rowan Martin joined three hundred leading figures from law enforcement agencies, conservation organizations and businesses at the United for Wildlife Global Summit in London.

#### From allafrica.com

A sanctuary for African grey parrots has been opened at the Uganda Wildlife Education Centre(UWEC) also known as the Entebbe Zoo.

The aviary was funded by the Japan International Cooperation Agency(JICA) and is specially built as an outdoor facility covering two hundred square meters.

The facility currently houses 119 African grey parrots that were confiscated earlier this year from a Congolese national by Uganda Wildlife Authority at Bunagana border. The defendant is currently serving a jail term.

#### After Hurricane lan

Bald eagles, pelicans, roseate spoonbills, shorebirds, egrets and more have been spotted on Sanibel Island following the devastating storm. Bobcats, gopher tortoises and other animals also survived.

#### On Long Island

A Cooper's hawk with a mangled leg had to be euthanized after it was rescued from an illegal leg hold trap in early October. Hawks use their legs to hunt, and the injuries were so severe that it would have been unable to survive in the wild.



November 2022 10 L.I.Parrot Beacon November 2022 L.I.Parrot Beacon 11 who hospitalized me, suspecting a possible blood clot. I was diagnosed the next day, after a CAT scan showed inflamed alveoli in my lungs.

"Most people think if they consult a doctor, they'll automatically know what's wrong with you," Wise related. "When they took oxygen levels in the office, I was sitting, so no there was no exertion. I didn't know how to explain the sensation I got in my chest...it didn't feel 'tight' to me, but now I know what I felt is how they describe 'tight. I had a cough as my condition worsened; that's probably why they thought I had pneumonia. Sometimes an x-ray will read 'clean' or be misdiagnosed as a 'bad' x-ray. The condition produces a 'ground glass' appearance on x-ray. The initial x-rays didn't look 'clear' enough."

Wise continued, "Blood panels showed that I was allergic to a mold and to birds. They tested 'pigeon serum' on me and it came back positive. I had 2 pigeons and in October I'd cleaned out an enclosed pigeon coop that hadn't been used for a while. Droppings had dried and probably aerosolized. I didn't use a facemask and I used a shop vac that blew back dust. I have a feeling this is what triggered it. The doctor said, 'If you're allergic to this, you're allergic to all birds; if it was just this episode, you would have recovered.' I've since read that African greys, cockatiels and cockatoos are more irritating to other allergies as well."

Wise is planning more tests: "There's a Bird Antigen Precipitin Panel test available. The antigen panel normally available tests only with pigeon serum. It was difficult to locate a more specialized test. This one offers 3 specialized antigen panels that screen for specific birds. Because my disease didn't flare up when I re-exposed myself to the 3 parrots I kept, I suspect I'm sensitive to one of the birds I removed from my environment rather than to all bird antigens. This lab allows you to send your own blood sample in for testing."

For information, your or your physician may contact:

IBT Reference Laboratory An Allergy and Clinical Immunology Specialty Lab 11274 Renner Blvd. Lenexa, Kansas 66219 www.ibtreflab.com 913-492-2224

Can the effects of allergic alveolitis be reversed?

According to Dr. Niederman, "Yes, if it's caught early enough."

What is the treatment for allergic alveolitis?

Simply put, alveolitis is treated by conventional medicine in the following ways: avoidance of the antigen, namely bird feces, dust and dander, use of an anti-inflammatory or steroid and possible oxygen therapy.

Wise was hospitalized for two days. Oxygen and steroid therapy resulted in immediate improvement. "The doctor told me to absolutely get rid of birds." Wise removed the birds from her home temporarily.

"Natural remedies are often extremely helpful," says Naturopathic physician Yvonne Kleine, of Bayport, NY. "One of the most beneficial things you can do is *drink water*! Hydrated tissue is healthy tissue! When you drink pure water, you help your body to cleanse itself of irritants that lead to organ dysfunction in general and to the formation of mucus, which is the body's response to irritation.

"Herbal remedies such as Floressence or Essiac, help cleanse your major organs and aid in the elimination of toxins. Inhalation of a mild infusion of tea tree oil in hot water, ten drops to a gallon, eases inflammation of the lungs. There are many aids for alleviating congestion and inflammation of the lung. One I recommend in my practice is a product called Clear Breathing tablets by Great Life Labs. It is superb for breathing problems, from Sinusitis to Asthma. (I have no financial interest in this, or other products.) Quercetin, a bio-flavenoid (citrus or non-citrus derived) is a natural anti-inflammatory and should be taken 20 minutes before a meal, two to three times daily, or as the label directs. Take Vitamin C, as Ester C and a good multi-nutrient daily. Avoid coated vitamins, they aren't always absorbed properly. Eliminate white flour, white sugar and 'junk' food from your diet. Consult your own naturopathic physician and medical doctor for specific advice."

Is allergic alveolitis hereditary?

Not according to geneticist Judith Wieland, who is licensed as a Genetic Lab Director. Dr. Wieland, who was associated with The Genetics Center in Smithtown, NY, says, "In general, there are genetic predispositions to a lot of things, but no specific gene has been identified that would make a person more prone to alveolitis."

Dr. Stavroulakis, Ph.D., also a geneticist, concurs. "There could be an inherited *tendency* toward lung ailments, but no gene for alveolitis has not been identified. Allergies cycle; some people outgrow certain allergies. Age and gender can play a role. It's multi-faceted."

Can I keep my birds if I've been diagnosed with allergic alveolitis?

(Continued to page 13)

Dr. Niederman says it would be difficult to keep birds under these circumstances. "This can be a serious disease. Keeping a patient on long-term steroids would eventually have adverse side effects. It might be possible able to have different birds with different proteins, but it would be a risk, and it may not be enough: sensitivity to proteins increases as the disease progresses. It may not be possible to avoid a level of exposure that would provoke reaction."

Dr. Yvonne Kleine shares her home with four dogs, two cats and three parrots. When asked about naturopathic remedies and preventive measures for allergic extrinsic alveolitis, Dr. Kleine had a lot to say. "From a naturopathic point of view, avoidance of the source, in this case, birds, would certainly be the most prudent, however, as 'birdaholics", we know this will not always happen! Here is what I recommend:

"Maintain a scrupulously clean cage environment, complete with continuous HEPA filtering of the birdroom air; and throughout the home.

Never clean cages without a protective mask. Avoid using bleach or other caustic cleaning products due to the damage these fumes can do to human as well as avian lungs.

Use clean newspaper to line the cage floor. (SC: If dust from the newspaper itself is irritating, purchase smooth paper cage liners, such as Cage Catchers) I don't recommend using shredded corncob or other organic material in cage trays if you suffer breathing difficulties.

Use a citrus-based cleaner, Oxyfresh, or similar product for cleaning the cage. Wear a mask to mix powdered cleaners with water in order to avoid the inhalation of caustic dust.

Keep your birds clean! Spray birds daily with clean water to reduce airborne dander."

Board certified avian veterinarian, Robert Monaco of Plainview, NY, has had at least one client diagnosed with allergic alveolitis. "The person was a cockatiel breeder with a lot of birds, and she's successfully kept some of them by rearranging her house to limit exposure. The disease was probably caught early. I recommended HEPA air filters, decreasing exposure to the birds and not keeping birds in bedroom," stated Dr. Monaco.

Jill Wise consulted an allergist, who, she said "looked at my records, said I should get rid of my birds and advised monitoring my condition at least several times annually. This is not something you can desensitize yourself to. It's a *lower* respiratory condition and isn't treated like a regular allergy." Wise was determined to keep her birds.

She researched the disease on the Web and e-mailed pleas for information and advice to bird clubs and

avian magazines and received hundreds of replies. In February, the doctor told me I had 'clean' lungs. The CAT scan had come back normal. I was weaned off steroids in April and waited another 30 days to bring the birds back home."

Wise used that bird-free time to clean up air inside her home. She installed air filters, purchased a new vacuum cleaner with HEPA filter, cleaned and painted the interior of the house. "The Internet enabled me to talk to people who had the disease and they made suggestions: Windows open when possible and keeping the bedroom bird-free were excellent tips. These were things I should have done in the first place. A lot of people don't get a second chance...if these things work, I'll be very grateful.

Wise wears a special cap that blows filtered air down onto her face when she's on cage cleaning duty. "Even if you're healthy, you should probably wear a mask or respirator when cleaning birds, especially if you have lots of them," advises Wise. "Once you have a breathing problem, a mask can actually impede breathing." Wise soaks her birds with plain water several times a week and mists them lightly with Allerpet, an anti-allergy spray, every other day. If her condition returns, she plans to put the birds in a room with an independent air supply and a window to the living room so she can see them. "I'll remove the carpeting if I have any symptoms at all."

Wise isn't sure exactly what part of her regimen is working. "It's probably a combination of all of it. When I began having trouble, I paid more attention to which birds were dustier and generated more debris. I had an air filter, but it obviously wasn't sufficient. I have more and bigger filters now. I've also begun some holistic measures: yoga and supplements that boost the immune system."

Can allergic alveolitis be prevented? How can I reduce the dust in my home?

Т

he number one thing you can do to reduce the risk of contracting allergic alveolitis is *Protect humans and birds from bird dander*. Particulate matter from birds is oil based with rough edges: oil and water don't mix. The water-based fluid in our lungs, sinuses and eyes is affected by inhalation. Get the dust out NOW. Air out the room. Run an air filter 20-24 hours a day. Even in isolation, air has no logic; rooms aren't airtight, but over a long period of time, as you're running a unit, it constantly captures particulate matter. The tremendous number of air exchanges over a month make for a high probability of reducing dust significantly. Nature has built in mechanism to destroy single cell microbes...aspergillosis will die in direct sunlight!

(Continued to page 14)

around your neck!"

Among Dr. Stavroulakis' recommendations for preventing alveolitis are "Wash or replace A/C filters often. Don't seal your house so tightly that the house can't breathe...there must be an exchange of air. There are many air-filtration devices on the market. You can even buy a personal air purifier to hang

Other things you can do to reduce the amount of dust in your environment include:

- \*Purchase cage covers made of smooth, launderable fabric such as cotton or poly/cotton. Shake covers outdoors every day. Launder covers weekly, using plain hot water or a non-scented detergent. Air or machine dry. Do not use fabric softeners in washer or dryer.
- \*Use window fans, blowing out during mild weather. Think you don't have dust? Take a look at the screen after a week!
- \*Locate and use a home cleaning service certified as indoor air specialists
- \*Rid your home of dust collectors: old books, papers, stuffed animals, artificial plants and flowers, elaborate draperies (get curtains you can wash, and wash them frequently!), knickknacks, and where feasible, carpeting.
- \*Spray cage tray liner paper with water before you remove it. This dramatically reduces the amount of dust dispersal. Change cage paper several times a
- \*Use high-efficiency vacuum cleaner bags. Consider installing a central vacuum system when remodeling or building a new home. This will eliminate the 'blowback' of dust.
- \*Use high-efficiency filters on air conditioning and heating systems. Change them frequently.
- \*Open the windows! Fresh air is the best purifier.

It would break my heart to give up my birds.

The emotional toll of this illness may be great. In addition to being told that you have a possibly chronic illness, you may also be instructed to part with your bird. How can you possibly cope? I asked Family Therapist, Terri Pakula for some input.

"Illness affects a person's emotions and emotions affect a person's health," Pakula explained. "A person who has developed a chronic illness may suffer a sense of loss and may grieve for their lost health. If it

happens at a young age, the sense of loss might be even greater, as the person feels cheated out of part of life. Typical emotions associated with the grief process will occur, and in no order: anger, sadness, denial, acceptance and rebound.

"When you are told to give up your birds too, these feelings are compounded. You might experience guilt and almost a sense of failure: Because you have this disease, you must give up this animal you love. You may feel an acute sense of loss; people tend to project and grieve for the future they won't have with the pet. Try to look at the past and honor it, be grateful for it and remember it. That's one way to help the healing process. Another way would be to find a really good home for the bird and to take satisfaction in that. Play a part in what is going to happen to your pet. That may give you a sense of peace. It's very different than taking an animal to a public shelter and hoping it gets adopted out. You have a voice in the outcome. Finally, seek therapy if you feel you need it."

Jill Wise feels fortunate because the breeder she'd obtained her cockatiels and parrotlets from was able to take them back. "She plans to keep the paired 'tiels together," said Wise. "That made it easier on my emotions because I knew they'd adapt to the change. The parakeets were adopted together through Pet Smart's adoption program. The pigeons (which I suspect were the biggest threat) were feral birds that I had rehabbed as orphan babies. I had set them free, but they never left, so we found a place to relocate them."

Can my bird contract allergic alveolitis?

Dr. Monaco has seen macaws, especially blue and golds, with respiratory sensitivities. "Macaws can be sensitive to dusty birds; I try to prevent problems," he says. "I don't recommend keeping macaws in same room with cockatoos or other dust producers. When I've recommended separating macaws from other birds, their condition improved. It's not just birds; even dogs and cats sometimes suffer allergic reactions to organic dust."

Birds don't breathe their own molt or house dust in the rainforest. In our homes they're breathing dust, their own molt and other bird's molt, which makes them more susceptible to infection. By the time you find out your bird has a problem, it may be too late. Often, birds develop respiratory problems before the humans do.

Dr. Donna Muscarella, Senior Research Associate in the Dept. of Microbiology and Immunology at the Veterinary Medical Center at Cornell University in Ithaca, NY said, "I spoke with Dr. Abou-Madi here at (Continued to page 15) (Continued from page 14)

Cornell and she mentioned the possibility of macaws developing a similar condition. I found some information in Avian Medicine and Surgery by Altman, Clubb, Dorrenstien and Quesenberry about pneumonitis in macaws, with feather particles, powder down and aspergillus as the suspected antigens. It is not clear if this condition is identical to the human allergic pneumonitis, but it is severe, causing respiratory distress and death in affected birds."

#### What's the bottom line?

According to Jill Wise, 'Be your own advocate where your health is concerned. Insist on getting your oxygen level measured while you're active. If I'd climbed a flight of stairs and then taken the test, I would have been diagnosed two months earlier. Pay attention to your body: People who get this disease feel sick and spend more time indoors which is more detrimental because they're in close quarters with the allergen. Shortness of breath may make you think you're just tired. Smokers may delay going to a doctor, thinking their symptoms are smoking—related. I got help through Internet searches, correspondence with other bird people and access to bird clubs listed in Bird Talk magazine. I'm fortunate that I work as a veterinary technician with access to pulse oximetry and laboratory knowledge, which enabled me to monitor my own vital signs. Develop a relationship with a doctor before you get sick. If doctors know you have this condition and still have birds, they treat you like you're hanging onto a pack of cigarettes."

This article is not intended as medical advice, but is a result of research and a compilation of the experiences, knowledge and advice of the people interviewed. Always consult your physician if you experience difficulty breathing or other physical problems.

#### Sidebar **Further Reading**

The Secret Life of Dust: From the Cosmos to the Kitchen Counter, the Big Consequences of Little Things by Hannah Holmes; ISBN: 0471377430 John Wiley & Sons. 8/2001

**Avian Medicine and Surgery** (Basic and advanced clinical avian medicine and aviculture text) by Robert B. Altman, Susan L. Clubb, Gerry M. Dorrenstein & Katherine E. Quesenberry; ISBN: 0721654460 Harcourt Brace & Company 10/1996

Check out these Environmental Protection Agency websites:

http://www.epa.gov/iaq/pubs/airclean.html http://www.epa.gov/iag/pubs/residair.html

Consult your local chapter of the American Lung Association for copies of *Biological Pollutants in Your* Home: Air Pollution in Your Home? and other publications.

#### Sidebar

#### **Air Filters and Purifiers**

Air filters remove quantities of pollen, dust, pet dander, dead skin cells, and other particulate matter from the indoor atmosphere. *Purifiers* kill bacteria and viruses. Do *not* rely on an air filter or purifier to remove airborne toxins or germs from the air before they affect you or your bird. If you suffer from asthma, alveolitis, or other respiratory condition, consult your physician before purchasing an aircleaning device.

Electronic air cleaners are available at department stores, home-supply, and variety stores, and through mail-order catalogues. Some are engineered for medical-grade use or specifically for use with pets.

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Shawn Florman joined the Long Island Parrot Society in 2018 and jumped in with both feet! A familiar face at outreach events and meetings, Shawn, and wife Karie-Ann first encountered LIPS at Pet EXPO in Tanner Park. "We were walking around and noticed a tent with parrots. That is where we met LIPS members,

Michelle Benners, Ken Lisi and Diane Hyde. Ken put Angie, his cockatoo on my shoulder and that was the first time I had ever had a parrot on me," related Shawn. "It was amazing. Looking back, it makes me appreciate how visitors feel when they stop by our booth at outreach events. Diane gave me a packet of information about the club. I brought it home, read it and ultimately joined."

Which came first, the parrot or the club? Shawn said the club came first and he would suggest joining an avian organization prior to getting a bird. "I had no idea what to do. I learned a lot in a brief period of time before we adopted African grey, Wally. I told Diane, 'I want to do more, and was quickly enlisted to help at outreach events. The first one was at Sachem Library, and I felt out of place at first because everyone had a bird with them except me. I could not bring Wally because he did not like men and was not socialized enough. His previous owner had COPD and Wally was kept alone in a room with an air purifier and television. He seemed deprived of human interaction. He still dislikes men but is getting more tolerant: he will take treats from me, give kisses, and allows petting. He is the quietist of my four birds. He whistles, laughs, cackles, and says 'nite-nite' when he is ready to go to sleep."

The Flormans share their home with three African greys, one a Timneh and a Meyer's parrot. Wally, and Perry (Timneh) were adopted through LIPS. Noah, a Congo grey and Jax, a Meyer's parrot were purchased as weaned youngsters at Bird Paradise in Burlington, New Jersey. Shawn reported, "I went just to look the first time and saw two greys. Noah was one of them. I was talking to them both and I could see that Noah was listening and looking at me, so I asked to hold him. (We all know how that goes!) I like their system at Bird Paradise: They ask that you come back every few weeks to visit until your bird is weaned. I kept going to spend time with him. After the very last visit, I was able to bring him home. He is the definition of a

'companion parrot.' He just likes to hang out with me no matter what I am doing. When I am too far away, he eet the Member will let out a screech that he learned from Perry. I am sure the neighbors can hear that. Once the maintenance people came by to ask if the fire alarm was going off!"

> Shawn had parakeets as a child; one a blue and white bird named Mikey. His parents took care of them. He has always been interested in parrots. "Anytime we went anywhere and saw parrots we would stop and visit with them. My mother loved parrots. We mostly saw macaws and cockatoos. I had never seen an African grey until I was in my thirties. I did a lot of video editing and was working on one and wanted to do a specific effect with the color grey, I Googled and saw a picture of a grey bird with a red tail. I clicked on it and discovered it was a parrot. I started reading about it and forgot about my project. I was fascinated with them and said, 'if I could ever have a parrot, that's what I'd want'."

> Life changed when the Flormans became parrot parents. "Now we must find a place to board birds or have someone come in to care for them if we want to go on vacation. We learned about caring for them every single day. We get up early and so do the birds. We became accustomed to all the stuff: food, cages, stands, carriers and more. We stock bottled water for a bird who seems sensitive to tap water. We are more observant about toxins in the home. I always tell people at outreaches about the dangers of non-stick cookware, scented candles, aerosols, and cleaning chemicals. It was a substantial change for us too. I learned all that from being a club member."

Which bird is most challenging? Shawn said it is a tossup between Perry and Jax. "Jax is a biter and Perry screeches. I went to a behavior consultant for help, but it did not work out so well. Perry screeches for attention or food. He stops when I pick him up. I suspect he may be getting over stimulated and sometimes put him in a guiet room for a little while. That seems to help. Poicephalus, Jax is stick trained so that bites can be avoided. I have been doing target training with my finger and that diverts him away from biting. He can be re-directed for the moment. He does not know he is small, so I keep him away from the other birds for his own safety."

Shawn wears many hats at the Long Island Parrot Society: Board member, Vice-President, Long Island Parrot Beacon Editor, Webmaster, Parrot Placement Team member, Webmaster, and AV and ZOOM technician at meetings. He returns phone calls, screens candidates, and counsels people who want to rehome their birds. "It's a full-time job,' he said. Shawn's 'other job' is in tech support for a small company that makes robotic equipment that duplicates CDs and DVDs. Shawn builds the devices and trouble shoots with customers.

(Continued to page 20)

**Robert Gross (incumbent):** The bird man of Wantagh! We own 8 birds 3 parakeets 3 conures 1 cockatiel and of course Romeo, I was not always interested in birds basically for the last 12 years. When I was 18 I had my first encounter with a talking bird. I was at a party and I was trying to give directions for a friend to come over. There was a lot of noise in the living room so I decided to check it out, I walked over to a bird cage and asked the bird to keep the noise down and the bird an

African grey told me kiss my ass!! My friend came in and said I see you met rocky isn't he fun? I said wow I must get one of these one day. I worked with computers for 36 years until my job went offshore so I became a full time real estate agent. I really have a wide range of interests from coin collecting, 55 years playing and winning radio contests for 41 years which is where I got my ebay id, Mr. Redial. As our members know i host the first zoom meeting each month and also help run the cage committee and participate in outreaches I also try to assist with anything else that might be needed.

I look forward to our shelter opening up and I will help as much as I can, my goal with the society is to get more members and get more birds homes.t Thanks for reading!!



**Donna Barbaro (incumbent):** My name is Donna Barbaro. I am seeking re-election to the Board for another term so I can continue to help move our club forward and grow.

I am a resident of Wading River, and our flock consists of 5 parrots (2) African greys, 3 cockatiels), 2 chickens, and a dog. I've been a Long Island Parrot Society member since 1990, served on the Parrot Placement Team (2019/20), and have been a member of The Board since 2021.

In my time on our Board, I have drafted our Guidelines for Handling Charitable Contributions, created an informational presentation for our Club to use at multiple events and the Parrot University Program, and suggested fun things and items to use as Outreach giveaways when we could not bring parrots due to avian influenza.

I reviewed and updated information for our website and blog regarding emergency avian veterinary care, kept our club updated regarding high pathogenic avian influenza and how to mitigate risks to our parrots, contributed to our newsletter (The Long Island Parrot Beacon), and our mini-zoom monthly workshops. I also volunteered at in-person and virtual outreaches and helped our Board as-needed with tech help.

My passion for parrots revolves around education, training, behavior, and enrichment. Outside of my Club duties, I continue to support our Club's Mission of fostering responsible bird ownership through education and example. I am a mentor for Jennifer Cunha's Parrot Kindergarten where I help teach and support parrot families dedicated to increasing human-parrot communication. I look forward to serving our Long Island Parrot Society members for another term!

Susan Seddo: I would like to introduce myself ... and my sidekick, who has recently, very much enjoyed the "Outreach at Crabtree!" I have Nurse for twenty years and earned my Master's Degree in Nursing Joseph's University. I have been a LIPS Member for 2+ years and I have Jenday Conure, and most recently, Zazu, a Sun Conure. THEY CONTINUE **EVERY DAY!!!** 

I sit on both the Cage Committee and actively participate with our very much enjoy helping people, of all ages, find the best cage and Feathered Friends! I also find it fascinating, at our Outreach, how youngest participants are ... as well as our senior citizens. I enjoy everyone and educating them about LIPS. As a board member, I will

strive to be bring forth new ideas to the Club, enhance our membership, create fundraising projects — to promote outside donations for our rescue efforts. Thank you for considering me for this position.

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#### Sign up for Feather Flash

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# In-Person HOLIDAY PARTY Wednesday, December 21 Greenwood Hall 58 Greenwood Ave, East Islip RSVP required.

As we did last year, due to COVID cautions, we request that members NOT bring food to share. The Club will be catering, with pizza, salad, hero sandwiches, soft drinks, water, coffee, tea, and dessert.

Because food will be provided, we ask members who plan to attend to RSVP.

Please RSVP by December 13--we will remind you again when it gets closer to the date!

Your birds are welcome.

## Directions to Our Meeting Hall, 58 Greenwood Avenue East Islip, NY 11730



#### From the East:

Sunrise Hwy to exit 46. Left on Connetquot Avenue. Stay straight. Turn right at Hawthorne Ave. (Just after Railroad tracks.) Stay straight until the end of the street, note the Greenwood Hall Sign. Follow into the long drive way.

#### From the West:

Sunrise Hwy to exit 46 toward County Rd 17/Carleton Ave/East Islip/Central Islip. Merge onto Sunrise Hwy South Service Rd. Turn right onto Garfield Ave. Turn left onto Jackson St. Turn right onto Carleton Ave. Turn left onto Union Blvd. Turn left at the 2nd cross street onto Greenwood Ave Street.

#### **LIPS MEMBER DISCOUNTS**

The following businesses give the discounts noted for LIPS members. You must show your current membership card. Discounts are subject to change; we suggest you ask before you make your purchase. If you have a problem with a store or service not honoring it, let us know. (631-957-1100):

**Bird Paradise,** Burlington, NJ, 10% off (doesn't apply to purchased birds or Harrison's products) - in store only. 15% discount for on-line purchases—code: LIPS15.

**B.T.J.'s Jungle,** West Islip (631-587-8191) 10% off

**Central Veterinary Associates,** 24/7, Valley Stream + 5 other locations, 10% off all services, call (888-4CVA-PET), www.centralvets.com — for LIPS members

**Fine Feather, LLC** (The Pet Store Next Door), www.finefeather.us (516-801-6400) discount code liparrot10 **First Flight,** 514 Middle Country Road, Coram (631-732-1494) 10% birds and related

Paumanok Veterinary Hospital, Patchogue (631-475-1312) 10% off exam

Total Pet Care/Lawrence Labs, Holbrook (800-TOTL-PET) 10% LIPS.

# <u>Please observe the following rules for the safety of your parrots and others!</u>

- You must be a LIPS member for at least 60 days prior to bringing birds to meetings or events.
- Non-members and guests are not permitted to bring birds to meetings or events.
- Flighted birds must be confined to carriers or cages.
- All birds must remain under supervision of their pet human or a caretaker designated by said human.
- Please clean up after your birds (poop, food, etc.).

The following birds must have been quarantined for 60 days prior to attending meetings or events:

- Newly acquired birds, baby birds and geriatric birds.
- Sick birds; any bird exposed to sick birds within the past 60 days.
- Birds that have been boarded in pet shops.
- Pin-feathered baby birds are not permitted at meetings or events unless contained in appropriate, solid sided containers or incubators. Owner assumes any risks associated with bringing

# Check Out Our Meeting Vendors!

14 Karat Parrot—Great
"Parrotphernalia"! Fine Gifts and
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## Join the LIPS Team!



We need help with Administrative work, answering phone call, emails, data entry, committee specific help,

just to name a few. Get more involved with the Long Island Parrot Society. Let's build a team that helps grow our organization. Scan the QR code to take our Skills Survey. Once we received your information, we will contact you.

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# News from the Flock

Thank you to members and friends who shop through smile.amazon.com and name Long Island Parrot Society of New York as their designated charity! Your April 1-June 30 purchases helped garner a \$131.13 donation to the club! With holiday gift giving season coming up, now is the time to sign up for Amazon Smile! No sensitive information to divulge and not a penny comes out of your own pocket! Visit smile.amazon.com

Welcome, new Lifetime Long Island Parrot Society member, Wendy Davis! We appreciate your support and confidence in the club!

A big sigh of relief after Nicole Pica's caique, Pignoli recovered from a serious illness! Much of the credit goes to Nicole's expert vet-tech care!

Prices for pet birds have gone up, resulting in a dramatic rise in bird thefts nationwide. A group of African grey parrots were recently stolen in Florida. Read a great article about the why, where, and how these thefts are

(Continued from page 16)

"The biggest challenge is in the adoption process: finding the right person for the right bird, is key," he said. "Everyone has a unique situation. I try to look at it from candidate's perspective and often brainstorm with Diane who always gives me something to think about.

"Sometimes owners pull out when we tell them we have a candidate interested in their bird. People change their minds. As a bird owner I can understand that. It is a big challenge when people must place multiple birds immediately. Because we do not have sufficient foster homes or a physical shelter, I often refer them to a rescue organization or Long Island Budgie Rescue. When a member with numerous birds passed away, we helped the municipal animal shelter find homes for them." "The relationship I have with club has changed a lot in my life for the better," he said. "I really hope that we can get a shelter open with all the amenities it needs. LIPS member, Ray Young at Rhode Island Parrot Rescue has really inspired me." Are there more birds in Shawn's future? "The nest is full," he replied.

occurring. Click to follow the link or copy into your browser. The Stolen Parrots of Punta Gorda, Florida - The Atlantic

Many thanks to member Barbara-Jean Landsperg for her recent and extra-generous donation to the LIPS Shelter Fund.

The club switched to an electronic version of the newsletter at the beginning of 2022. Members were given the option to continue receiving a printed copy. It is now in color, just like you see online! Due to increased postage and printing costs, there will be an additional charge for printed newsletters beginning in 2023, amount to be determined. Many thanks to several members who have sent donations to help defray production and mailing costs!

Welcome new L.I. Parrot Beacon advertiser, Cassie Malina!

We hear that Sally Blanchard's beloved Amazon parrot has finally been settled in its new home, as per Sally's wishes.

Thanks to Dr. Robert Monaco (Old Country Animal Clinic) for giving our newsletter, the Long Island Parrot Beacon a shout-out on his Facebook page!

Best wishes to Pat & Neal Rudikoff and their flock as they travel cross-country to winter at their home in Arizona. Dr. Monaco featured their cockatoo, Zeus, in an October Facebook post.

We are happy to see that Marcia Abrahams is doing a little birding again as she recovers from a broken arm.

Welcome home to Florida member, Andrea Feldman Walen, who just returned with husband John, from her 50<sup>th</sup> cruise! This time the world travelers visited numerous Mediterranean ports. We strongly suspect they are planning their next adventure! (See Andrea's colorSTREET ad in this issue of the Long Island Parrot Beacon.)





Pamela Clark is an IAABC certified parrot behaviour consultant whose base of experience includes a body of work as an animal trainer, avian/exotic veterinary technician, breeder, and rehabber. Her often-unique perspective on our parrot-keeping practices means that she challenges her listeners to examine their views. A good example is her presentation "Progressive Parrot Keeping" that she will give for us virtually on November 16. Her popular blog can be found at <a href="https://blogpamelaclarkonline.com">https://blogpamelaclarkonline.com</a> or find Pam on Facebook at The Parrot Steward page. Please also check out her website at

www.pamelaclarkonline.com for many free resources.

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# October 1, 2002 -Atelier at Flowerfield Workshop for Kids



# LONG ISLAND PARROT SOCIETY OF NEW YORK, INC. A NONPROFIT 501c3 ORGANIZATION AND NYS REGISTERED CHARITY

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#### **HELP WANTED!**

**Monthly Meetings:** 

Help with set-up before meeting and break down afterward Coffee/Refreshments

Volunteers for Parrot University and Outreach Events during the year

#### UPCOMING MEETINGS/ OUTREACHES

Wednesday, November 16
7PM via ZOOM Pamela Clark,
Parrot Behavior Consultant

\*Mini-ZOOM meetings are held on the first Wednesday of each month at 7PM. In-person meetings will be live-streamed via ZOOM. Meeting invitations are sent via email

Sunday, December 3—Longwood Library—Ranger Eric Powers has asked us to participate in his World of Birds presentation (11-12 noon)—library is located at 800 Middle Country Road in Middle Island. If you would also like to participate to help educate the attendees on the different aspects of parrots, please email Candy at candyl@liparrots.org

presentation on different avian topics each week!

<u>Saturday November 26</u> -Elizabeth, NJ - <u>Garden State Bird</u> <u>Association 16th Annual Bird</u> Show -

<u>Friday to Sunday, January 6<sup>th</sup> to</u> <u>the 8<sup>th</sup></u> - <u>Super Pet Expo - Edison</u> NI.

## OUT OF TOWN & VIRTUAL EVENTS

Organizations: list your upcoming events here. Email information to: editor@liparrots.org

Join The Leather Elves Facebook page every Friday evening at 7PM EST! Robin Shewokis-Sullivan hosts an informative and entertaining



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